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ISSUE 137 MAY 2022



Ewes and lambs at Trecarrell by Louise Trenerry

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Dear Reader,

This month I'm pleased to share details of the Parish Council's Queen's Platinum Jubilee Celebrations over the long weekend of 02 - 05 June 2022. There is something for everyone so can I urge you all to have a look at their schedule on pages.30 and 31 and make plans to get involved?

As I write this I have just heard the sad news of the death of Mary Crew in Derriford Hospital. Mary was a remarkable woman, always so elegant and poised. She was the oldest member of our Parish at the age of 97 and had an impact on so many: she will be greatly missed. Mary moved to Trekenner in 1976 and served the Parish in numerous different ways. She was the leading light of the Horticultural Show, a day in our Parish calendar that she absolutely adored (thank you to John Davies for the photograph below of Mary at the show). There is much to say about Mary and her role in our community, more than this editorial can do justice—a full obituary for Mary will be published in the June edition.



Mary Crew 1925—2022

Jo Burt 01579 371073

DEADLINE FOR ITEMS FOR JUNE ISSUE: 10th May

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ADVERTISEMENTS AND ANNOUNCEMENTS

BUSINESS, FOR SALE AND WANTED ADVERTISEMENTS CAN BE PLACED IN THIS MAGAZINE

INCREASE IN ADVERTISING CHARGES FROM 1ST APRIL 2022

The Committee regrets but it is necessary for us to increase our advertising charges once again so that we can meet our printing. From 1st April 2022 the new charges will be as follows and will apply to all new advertisements placed and all advertisements renewed after 1st April 2022. We are back to producing 10 issues per annum and currently are losing over £50 per issue. We don't want to decrease the size of the magazine as it would then be an advertising list with some copy. We will also be applying for a further grant from the Parish Council to keep us afloat. I've compared our advertising prices with those charged by a similar magazine (cover only in colour and same number of pages) produced by a town further west in Cornwall and their charges are much higher (half page £75 for 5 issues and full page £130 for 5 issues so our rates are still considerably lower than some other publications.

New charges from 1st April 2022

Half page: 5 issues £47.50 10 issues £95.00 (£9.50 per issue)

Whole page: 5 issues £75 10 issues £150 (£15 per issue)

<u>For new advertisers, buy 5 or 10 and get one free so 6 for 5 or 11 for 10.</u> If less than 5 booked then £10 for half page and £17 for whole page per issue

For sale and wanted adverts for can be sent to the editor via email to lezant-news@gmail.com or post them to:- Jo Burt, Trehane, Trekenner, PL15 9PH and we will try and include them in the newsletter. Cost £1 per 'For Sale' advertisement. No charge for "Free to good home" adverts. Don't forget our "Congratulations" feature is available for local major personal events.

The views of the contributors are not necessarily those of the Editor or Magazine Committee. The inclusion of any article or advertisement in this magazine does not constitute any form of accreditation by the editors or Committee. The editors and committee are unable to vouch for the professional qualifications, etc., of any advertiser. Readers must satisfy themselves that an advertiser meets their requirements.

News from Trekenner CP School

It has been an extremely busy month at Trekenner School with lots of brilliant activities happening. Key highlights included World Book Day, where we had author

and storyteller Clive Pig join us for a day of exciting activities, and a cricket enrichment day which was enjoyed by pupils and staff alike. We have also taken part in cross country competitions and a selection of our children performed at Songfest. A huge well done to the children for representing our school so brilliantly.

I am very sad to announce that after 28 years at Trekenner School, Sue Collings left at the end of the Easter term. Sue has had an incredible impact during her time here and will be missed by pupils and staff.

Finally, we break up for half term on the 27th May and return on the 7th June.

Marc Wheeler, Head Teacher



Friends of Trekenner School Update by William Coombe

On Saturday 2nd April we all met at Trekenner Mill for our school duck race , it was great fun and we got really wet as we stood in the river with our nets to collect the

ducks. Then we went to Treburley Club for the duck race results and yummy cakes. We raised over £400 for our school. At the end of term we were very sad



to say goodbye to Mrs Collings. We were able to present her with a voucher for Pandora along with some flowers. If you'd like to get more involved with FOTS or our fundraising, please get in touch with Kelly Menhenitt or Helen Coombe via the school. Our fundraising helps provide learning resources as well as the lovely extras and treats at school and next term we will be purchasing hoodies for our leavers.

Thanks to the Dads who helped out in the river!

Spring on the farm—Neil Burden, April 2022

Some scenes in the farming calendar are a very welcome sight. Each season has those golden moments of what we can rightly call a celebration of country life, that is no better seen than those familiar spring scenes of prancing lambs amid green grass or golden daffodils, a bonus and pleasure for all those privileged to live in a farming community such as ours. All children get great pleasure in bottle feeding a lamb, it has always been so. This year we have 2 pet lambs called Robo and Pinky. Yet for any shepherd, pet lambs are seen as a failure and a last resort. I am sure many, even with a very limited knowledge of sheep farming, will appreciate that like anything in the domesticated animal world it does not just happen. Year-round work starts by introducing the tups (rams) to the ewes and then keeping the ewes over those 5 winter months in good condition in order to have problem free healthy spring lambs with plenty of milk. Adult sheep life expectancy can be as little as 5-6 years when they start losing their teeth.

Changes over the last 70 years:-

The development of a vaccine called Heptavac P which protects against 8 clostridial sheep diseases has been a great help in keeping the flock healthy. Post-war most small farms had a small flock to care for, then the popular breed was the sturdy, solid, indigenous Devon and Cornwall Longwools, whose lambs were born with waterproof coats. These have now been replaced by large flocks of more prolific Continental or Crossbreeds. Why the change you may well ask? I remember when the wool crop from the Longwools would pay the rent of our farm, as much as £15 a fleece. Now, the price of wool even though a very versatile natural fibre, has little value; the fleece from a sheep often yielding less than one pound not covering even the contract shearer charge for shearing. The sale of the pasture fed lamb meat is the only financial incentive and more lambs the better.

I could relate many hairy stories of the disappointment of the lambing season when lambing sheep outdoors in those early months of the year in the 1950-60's. Newborn lambs were frozen to the ground in minutes, the red eyes of a fox caught in the torchlight lurking even when the shepherd was in the field, the fox was picking off weaker lambs to feed their young cubs. 3 years ago we even had a fox in the lambing shed! In years gone by checking the sheep in a meadow at night with a tilly lantern or a heavy



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rechargeable torch in driving rain or hail and then seeing assistance was required, getting the ewe and newborn to safety was a challenge. There would be heartache, tiredness, frustration, and many losses. So over the last 50 years with large fodder sheds, they are rearranged to house the flock for indoor lambing with individual pens, just as you see on Country File. We have a heated box for any weak lamb and now adoptions can be a success. Indoor lambing does not mean you can leave everything to nature, it needs night and day vigilance, keeping everything dry, limiting the risk of cross infection, which we try and avoid like 'joint ill' and e-coli infection evidenced by watery mouth when the lamb has little chance of survival.

We now keep a breed called Meatlink, the birth process with this breed is unannounced and rapid and as soon as a ewe drops her twin lambs they are separated from the flock, penned for bonding, iodine and surgical spirit treats the navel and in a good year those lambs will be standing and suckling in 10 minutes. A couple days later and with dry weather they will be in the fields. Even week-old lambs will gather in groups and race across the field or climb through the bars of the field gate, a joy to watch. Not all births are straightforward but with a bit of training and experience most times these can be sorted. Which leads me to the future, I have been very impressed with the Castle Vet Group who saw the need to give our younger farming children the confidence in tending a ewe at lambing time. The recent half term course was run when some 35 local farm based 12-15 year olds were trained by 4 vets in lambing techniques. The course was full on and Jessie our 12 year old granddaughter has already put her new found skill into practice.

PS When you see a sheep kicking on its back give it a shove and it will run away. Sheep panic easily and can die within 20 minutes upside down. Thank you.

*Don't forget, you can advertise your business in this magazine.

Please see details on page 34 or email Pam for more information. The magazine reaches 400 homes in this area.*

Lezant Parish Archive Group

The group met for the first time in just over 2 years and was very well attended by many previous members and several new people too.

The group aims to meet every two months with a mix of daytime and evening meetings so that as many people as possible will be able to come. It's open to anyone and everyone interested in the history of the parish. We hope that people will dip in and out as we progress with our various projects and when we work on their areas of particular interest. Any help and information that anyone can offer is always very welcome.

Several members are undertaking their own projects, so they updated us on the progress they'd made during the Covid months. All of these can eventually be incorporated onto the group's website. The website is under preparation and will go live in the next few months.

As always, some intriguing snippets of information arose spontaneously and we have decided to jot these down and keep a list so that anyone can follow them up, add to them etc. We will be including a couple in each month's parish diary, so if you have anything you can add to those listed below, please do let us know and we can make sure to add it. Also, any ideas you have that will help us to build up and capture more and more information about life in Lezant parish over the past centuries. Not just the rural way of life, but about our old properties as well.

Nigel would also like anyone who has old photos, old videos, slides, 8mm cine film etc to get in touch with him. He is working his way through digitising this often priceless and irreplaceable information. He is able to return any items very quickly, so you won't be without them for very long. You can contact him directly or by email: lezantarchive@gmail.com

The next meeting with be on Wednesday 18th May at 7pm in Trebullett Chapel Hall. Although it will also be our AGM, we are going to have a regular meeting too. The cost is £1 per person and tea/coffee and biscuits will be available.



Pearce family, Trebullett 1910

Queen's Platinum Jubilee Commemorative Trees

To mark Her Majesty's Platinum Jubilee, Lezant Parish Council is looking to plant a number of trees in the parish as part of the 'Queen's Green Canopy' tree planting initiative.

Queen's Platinum Jubilee Children's Portrait Competition

Lezant Parish Council along with the Lezant Parish Magazine are organising a competition to paint or draw a portrait of the Queen. The competition is open to ALL the children of the parish and also those attending Trekenner School from outside the parish. The winning entry will go on the July Parish Magazine cover and win a small prize.

All entries must be handed in to Trekenner School by 10th June.

Lezant Annual Parish Meeting

To be held on Tuesday 17 May 2022, 7pm at Trebullett Chapel Hall. A speaker from Cornwall Council Affordable Housing will be in attendance. All welcome.

YOUR COUNCILLORS

Mrs V Hill (Chair)	01566 772786	Mrs J Dinnis (Vice Chair)	01566 782104
I G Nash	01579 370644	N H Burden	01566 782286
G Holter	01579 371223	P J Cairns	01566 782351
T Unwin	07711663229	S Simmons	01566 782428
T Minson	07516990715	Mrs I Wood	01579 370473

A Parsons (Cornwall Councillor) 07743446289 or 01566 782296

OUR PARISH CLERK: Mrs Sam Inman 01566 784050 E mail lezantparishclerk@gmail.com

Finding out about planning in the parish

Up-to-date information on planning can be found at http://planning.cornwall.gov.uk/online-applications

PARISH COUNCIL

Queen's Platinum Jubilee Celebrations

2 - 5 June 2022

Thursday 2 June 22 Lezant Parish Boundary Walk 2022

Starting off the celebrations the 8th Lezant Parish Boundary Walk is being planned to take place on Thursday 2nd June. The tradition of 'Beating the Bounds of the Parish' started over 30 years ago and is held every 5 years. The whole walk is approximately 14 miles but participants are also welcome to just walk sections. Dogs are welcome but must be kept on leads. A commemorative item will be given to all those taking part. Details are still being finalised but it's hoped the walk will follow the same route as in previous years. Based on previous years the approximate timetable is as follows:

Start at	Greystone Bridge	08.30am
	Bealsmill	11.15am
	Trekenner Mill	12.30
	Ruses Mill	14.30
	Prickhams	16.00
	Tregada	17.00
	Greystone Bridge	18.00 (Finish)

Thursday 02 June 22—Lighting of the Lezant Bonfire Beacon

On the evening of Thursday 2 June more than 1,500 beacons will be lit across the UK and UK Overseas Territories in recognition of the Queen's long service. Join us at 9:00pm, with the Beacon to be lit at 9:30pm. The bonfire beacon will be situated on one of the highest points in the parish on Cllr Burden's land - just follow the road from Trebullett heading to South Petherwin and look for the signs. Parking will be available in the adjoining field.

Queen's Platinum Jubilee Commemorative Mugs

Lezant Parish Council will present a Commemorative Mug to all the children of the parish 16 and under.

Snippets of the Month

The old Baptist Chapel at Greystone Bridge. Does anyone know when it ceased to be a chapel, what happened to the building? We believe that it was a "village chapel" in 1850 and became a Baptist chapel in 1861. It remained a Baptist chapel until at least 1928.

Trewarlett – we believe that Trewarlett was a thriving hamlet up to the Black Death but then was all but abandoned. Sometimes it has been in Lezant parish, at other times it was in South Petherwin.

If you can help with either of these, it would be very much appreciated. You can contact us either through Nigel Jonas - Chairman (contact details in the Contacts List) or Cynthia Jewell – Secretary (01579 370182) or through the group's email: lezantarchive@gmail.com

Visit to Rosemoor Gardens—Thursday 14th July

Just an update on last month's news about the proposed trip to Rosemoor by Lezant Flower and Garden Group and open to all in the parish and in Launceston. The date for the trip has been fixed for Thursday 14th July. Proposed pick up stops will be Lezant village, Trebullett, Treburley and Launceston.



Times to be advised but likely to be 9.15 at Lezant, 9.25 at Trebullett, 9.35 at Treburley and 9.50 at Launceston coach stop opposite St Johns Ambulance Hall. These stops will of course depend on who is coming on the trip.

You will appreciate that the cost of the coach has risen because of the recent rise in the price of diesel. The quote I had from Mr Tilley was last year and so he has regrettably had to increase it, although not by much. Provided all the seats are taken, the 29 seater coach will cost £13 per person and the larger coach £11.50 per person. The entrance fee remains at £7.50 per person.

Rosemoor is a beautiful garden to visit at any time of the year but the roses are something special. If you love gardens and have never been to Rosemoor, this is an opportunity not to be missed. Relaxed travel there and home with local pickups. Check out https://www.rhs.org.uk/gardens/rosemoor to see what's there. If you would be interested in joining this trip, please register your interest with Jill on 01579 370835 or email jillprice1963@gmail.com. I already have some names registered so don't delay – come along and bring your family and friends. Jill

Lezant WI

Next meeting...

May 11th at 7.30pm 'Orangutan Rescue' with Nigel & Sylvia Hicks Launceston vet Nigel Hicks and his wife Sylvia have devoted the last few years to trying to save the endangered Orangutan. Raising funds for essential veterinary equipment for rescue groups, and latterly launching a campaign to purchase a £40,000



digital x-ray system and establish a scholarship to bring Indonesian Orangutan vets to the UK to further their skills.

July 13th at 7.30pm Cornwall Air Ambulance (Open meeting)

This is our open meeting. All are welcome to come and hear about the work of the Air Ambulance.

New members are always welcome to join us. If you think you might be interested in joining us, please contact the Secretary (Cynthia Jewell 01579 370182) for an informal chat. Your first two meetings are free, so that you can decide whether you would like to join. We meet in Trebullett Hall and we would be happy to pick you up and take you to your first meeting, if you would like.

For Sale

Slate flooring, 20 slabs measuring 600mm x 600mm x 10mm.

These are brand new unused and cover approximately 16 square metres.

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The Emily Hobhouse Story - Liskeard's Forgotten Angel

Lezant WI members met at Trebullett Hall on Wednesday 13th April for a very interesting talk by Sally Ronchetti, on the life and work of Emily Hobhouse.

Emily was born in 1860 in St Ive, near Pensilva, Cornwall. Her father was Rector of the parish for over 50 years. He died in 1895 and Emily decided to travel to America where she involved herself in welfare work among the miners of Virginia. She became engaged to an American shopkeeper for a short while but nothing came of it.

Emily returned to England and began welfare work here, mainly concerning child labour in the cotton mills. While trying to fund raise and make people aware of the conditions there, a meeting (which both Emily and David Lloyd George attended) at the Public Hall in Liskeard ended in a near riot.

When the Boer war broke out in 1899 Emily heard of the hundreds of Boer women and children who had been driven from their homes and were kept in concentration camps under horrific conditions. She travelled to South Africa and saw for herself that women and children were all housed in tents sometimes 10 to 12 people in a single tent. No water or sanitation was available and many died of dysentery and cholera. After the Boer war ended, Emily, realising that there were many sheep in South Africa, set up 20 schools to teach the women to spin wool, weave and lace making.

During World War 1 she set up a feeding scheme for German and Austrian children. She was accused of being a traitor and helping the enemy. Her answer to this was that humanitarianism was not discriminatory and that children were children the world over no matter their nationality.

Emily spent her last years in St Ives, Cornwall. Her humanitarian work was so appreciated by the South African people that when she died in 1926 she was given a "funeral fit for a Queen" in Bloemfontein and her ashes are interred in the Women's monument.

Trebullett Coffee Morning

All are welcome to join us for our coffee morning at Trebullett on 4th May from 10.30 – 12noon. We hope the weather is kind to us, so that we can sit outside, enjoy the sunshine, coffee and chat as we did last year.



Otherwise inside as usual.

9

TREBURLEY SOCIAL CLUB

https://treburleysocialclub.wordpress.com

Congratulations to the following Winter skittles teams: Team Spirit, Flyers, Burley Booties, Tri-Ards Kelliwik and Ramblers. If you haven't already let Cindy know you are interested in playing

in the Summer skittles, please contact her on 01579 370694 or the club (after 7:30pm) on 01579 730889.

May 2022—What's on at the club?

Saturday 7 Entertainment with Sunrise. Members £2.50, non members £3. 8pm start

Saturday 14 Euchre evening. Come and test your card playing skills in a warm and friendly atmosphere

Saturday 21 Quiz night - Angela Morrison will be setting the questions. Teams of no more than 4. £1.50 per person. 8pm start



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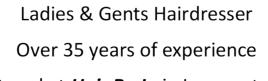
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PARISH TAXI SCHEME FOR RESIDENTS OF LEZANT PARISH ONLY

The parish council subsidy for the taxi scheme is now £4 per trip, **return £4 each way**. The fares charged by Launceston Taxis are as below. **As a resident of Lezant Parish**, you are entitled to a subsidy of £4.00 for any taxi journey at any time, so long as a taxi is available. To take advantage of the scheme the taxi must be prebooked through Launceston Taxis on 07340 813434. The taxi driver will have a form that he will complete. You sign the form and pay the reduced rate to the driver. Please note that the single fares quoted below are for guidance only, if you live outside one of the villages the fare may differ slightly:

Prices effective from 1st April 2021

Lezant £9.00	Subsidy £4.00	You pay £5.00
Tregada £9.00		You pay £5.00
Trekenner £10.00		You pay £6.00
Trekelland £9.00		You pay £5.00
Trebullett £10.00		You pay £6.00
Treburley £10.00		You pay £6.00
Rezare £10.50		You pay £6.50

For example, a return journey from Treburley to Launceston will cost £12 in total. The Parish Council would encourage all residents to use the taxi whenever possible although it is appreciated that a taxi is not always available. Pre-booking the day before can sometimes help. Remember, the taxi cannot be used on a regular basis for commuting between home and work, nor as a school-run vehicle.

MAY Collections for Recycling for Charity

I'm only including 'local' collections. Please see the website for more dates and places. www.south-hill.co.uk/charity-recycling

Tues. 10th St Dominick shop 10:30am -10:45 Callington B&M car park 11 - 11:40am & Tamar Valley AONB centre car park 12 -12:35

Fri. 13th Launceston TESCO 10:15- 11:15am . **South Petherwin** by the school 11:30am & **Coads Green** old phone box 12 noon

Sat. 21st Tavistock Kings car park Pixon lane, near the scout hut 10:30-11:30am

Sat. 21st Liskeard Cattle Market 11-12noon & Pensilva by St John's Church 12:22 -12:30

Plus we have collection bins at Tamar Valley Country stores Kelly Bray, Stoke Climsland Old School car park, Green Meadows Golberdon, Parish Hall Upton Cross, Chybroath North Hill.



NEWS FROM TREBULLETT CHAPEL

MOTHERING SUNDAY We welcomed Mrs Pauline Smith to lead our Mothering Sunday service which was thoughtful and enjoyed by all. Numbers at our services have been depleted somewhat in recent weeks following the wave of Covid infections that has affected most of our congregation since the middle of March. However, this now seems to be waning and numbers are increasing. POP UP COFFEE



MORNING FOR THE UKRAINE RELIEF FUND

Our pop up Coffee Morning on 2nd April was a great success although there wasn't the usual number of people attending. It was a friendly and convivial morning with people enjoying being out and about again. We raised an amazing £481.20 on the morning and there were further donations afterwards so the total being paid to the charity is £561.20. Launceston Area Art Group were wonderful and raised over £100 selling their cards and other items, this amount being included in the total. Many thanks to all who helped and to those who sent donations.

PALM SUNDAY

For our Palm Sunday Service on 10th April, we welcomed Elizabeth Rogers to lead our service. As usual it was a thoughtful time when we pondered upon the triumphant arrival of Jesus in Jerusalem which was followed by the events leading up to His crucifixion, which we



remember during the Good Friday Services. The Cross at the front of the chapel was made ready for Good Friday and the flowers for the Sunday were

beautifully arranged by Ann Foster.

We also look forward to inviting you to our Anniversary celebrations on 1st May when

> Trebullett Chapel invites you to Songs of Praise Community Big Sing

7pm 1st May
If you have a favourite hymn please email sheilaburt208@gmail.com and we will make every attempt to include it in the programme.



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NEWS FROM ST BRIOCHUS, LEZANT

We continue to pray for all those caught up in the horror of war, particularly the people of Ukraine, who have been suffering the most appallingly unthinkable and harrowing of times. We think of all those who have lost family and friends, those who have been injured, those forced to travel into Russia and to flee their homes and their country in other directions. They will remain in our thoughts and prayers and we very warmly welcome any Ukrainian families coming to the Launceston area and to the Deanery.

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#### Many congratulations to Mr and Mrs Matthew Selleck!

Mr Matthew Selleck and Miss Alice Ross came to St Briochus for their wonderful wedding on Saturday, 26 March.

Married by the Reverend Mary Williamson, the Church was filled with music and Matthew and Alice left to bells ringing out and some lovely weather.



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As we move on from Holy Week and the celebration of Easter Sunday, we now look forward to the month of May and to Ascension Day, when Christ ascended into heaven.

Please come and join us at our next **Coffee Morning** on **Saturday, 14 May, 10 30 -12 noon** at the **Church Room, Lezant.** There will be a stall selling homemade cakes, biscuits and other goodies. It is a great opportunity to catch up with people and we very much look forward to seeing you there!

If you wish to check the details of any services or events, require any further information or indeed need any other help, please do not hesitate to give us a ring:

Churchwarden Secretary Diana Anderson Bridget Pentreath

01579 370971 07802 177803

Church and Chapel Services

Trebullett Methodist Church May 2022

Sunday 1st May 11am Chapel Anniversary Morning Service led by

Revd. Jo Smart

7pm Community Big Sing

Sunday 8th May 11am Morning Service with Peter Bloye

Sunday 15th May 11am Morning Service led by Revd. Jo Smart

Sunday 22nd May 11am Morning Service with Angela Morrison

Sunday 29th May 11am Morning Service with Philip Medland

St Briochus Church, Lezant May 2022

Sunday 1st May 11am Holy Communion

Sunday 8th May 11am Morning Prayer

Sunday 15th May 11am Service of the Word

Sunday 22nd May 11am Eucharist

Sunday 29th May 11am Benefice Service (St Briochus)





Lezant Horticultural Society





Plant Sale

Saturday 7th May at 10.30am ~ Lezant Church Room

Mr Neil Ashmore will be joining us with his wonderful array of bedding and other plants. We will also have many plants for sale, including annuals vegetable plants, herbs, perennials etc.

Cakes, bric a brac, books * Tea and coffee
To donate items call Janet 01566 775676 or Phil & Fay Knight 01579 370993

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Local Information—services

Transport – Bus and Coach and Travel Information

12 Mon - Sat. Bude - Launceston - Plymouth. Sun Launceston - Plymouth.

GoCornwallBus (www.plymouthbus.co.uk) Tel. 01752 662271.

6A Mon-Sun. Exeter-Okehampton-Launceston-Bude. Stagecoach Southwest.

www.stagecoachbus.com/devon.01392 427711Disability helpdesk 01392 889749

National Express Coaches - www.nationalexpress.com

Launceston Taxis (Parish Taxi Scheme) 07340 813434

Little Red Bus—Launceston Community Transport Partnership. Please give 24 hours' notice to book your seat by phoning 01566 777960 Mon-Fri 10.00-12.00. Return fare £3, single £2, concessionary bus passes accepted for Dial A Ride only.

TAP Transport (non-urgent health related journeys) 01872 223388

Traveline www.travelinesw.com 0871 200 2233

National Rail Enquiries www.nationalrail.co.uk 0845 7484950

Hospital - Launceston Community Hospital Main Hospital 01566 761000;

MIU 01566 761030; Physiotherapy Outpatients 01566 761022

Dentistry— If you do not have an NHS dentist and want to add your name to the NHS waiting list please call 03330 063 300 from 7.30am to 10.30pm. Dentistry. If you need urgent dental treatment but do not currently have an NHS dentist, please call 03330063300

Local and central government

Lezant Parish Council – Chair Mrs Val Hill 01566 772786 Clerk: Mrs Sam Inman, 01566 784050, lezantparishclerk@gmail.com

Member of Parliament: Mr Scott Mann (Conservative) Constituency Office: Landline 01208 74337

Cornwall Councillor: Mr Adrian Parsons 01566 782296

Cornwall Council 0300 1234 100 (all Departments) www.cornwall.gov.uk

Cornwall Council One Stop Shop & Registrar — Launceston Library, Bounsall's Lane, PL15 9AB. Open Tues, Wed, Fri 9.30am-4pm. Registrar open Wed 9.30am-1pm and 1.30pm to 4pm. Fri 9.30am-12.30pm and 1pm-4.30pm. Or phone 0300 1234 181 Mon-Fri 8.30am-6pm

Children at Risk - If you know of a child at risk 0300 123 1116

Police: PCSO 30115 Mark Canvin Email:

mark.CANVIN@devonandcornwall.pnn.police.uk Tel. non emergency: 101

Refuse: Household and Recycling Collections 0300 1234 141 Collection day Thursday for whole parish. Launceston Waste and Recycling Centre, Pennygillam Industrial Estate, Launceston. Open all year except Christmas Day, Boxing Day and New Years Day 9am to 4pm. 0300 1234 141. Replacement recycling bags: from One Stop Shop (see above).

Tourist Information Centre- White Hart Arcade, Launceston Tel. 01566 772321

Parish website—www.lezantparish.org.uk



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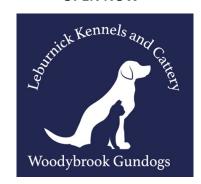
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If your house was built before 1919, it's likely that it was built with solid walls. Twice as much heat escapes from solid walls than cavity walls, so internally or externally insulating solid walls can considerably cut your heating bills – you could have an additional £450 per year in your pocket.

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a first time heating system installed reduces both your energy consumption and bills. Our A-rated boilers are able to save you up to £350 annually, as heating accounts for approximately 60% of annual energy costs.

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UK Greendeal is a company built, owned, and run by family and friends ensuring customers and their homes receive a personalised service with care and integrity at the heart of all we do.

Our aim is to improve people's quality of life and comfort in their own homes by reducing their energy consumption, whilst helping to stabilize our fragile planet. Much of our work comes from referrals from satisfied customers to friends and family, and we take great pride in the service that we provide.

UK Greendeal is an independent eco-surveying company. We look at all aspects of residential properties looking to improve their carbon footprint and reduce their energy emissions, assisting the government with the mammoth task of bringing all greenhouse gas emissions to net-zero by 2050, whilst avoiding any costs to our customers.

The core of our work is to utilise government ECO3 funding (and soon ECO4 once this is released by the government) to provide free fully funded energy-saving measures to you.

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- Internal Insulation inc plaster boarding & skimmed finish (solid builds Fully funded)
- Loft Insulation up to 270mm (Fully funded)
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- Kinesio-taping
- Manual therapy including joint and soft tissue mobilisations, myofascial release
- Onward referral to specialist consultants if required

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Call us on 01579 371081 or visit the website
www.treburleyphysio.co.uk

Local Information—clubs and activities

What's on in May...

			what s on in may		
Walk and Talk	Monthly on various dates and locations. Advertised on Lezant Parish Magazine facebook or	01566 782286	Sunday 1	Big Sing	Trebullett Chapel 7.30pm
	telephone for more info.		Tuesday 3	Tuesday Takeaway Bible study Patchwork Group	Trebullett Hall 2pm Trebullett Hall 2pm
Bible Study	Tuesdays - Trebullett Hall 2-3pm	01566 782921	Wednesday 4	Trebullett Coffee Morning	Trebullett Hall 10.30-12noon
Lezant Flower and Garden Group	3rd Wednesday 7.30pm call for venue	01579 370835	•	Ç	
Launceston Area Art Group	Thursdays—Trebullett Hall Phone for details.	01579 363748	Thursday 5	Mobile Library, Monks Hill	Treburley 1 25-1 45pm
•	•		Friday 6	OOF	Trebullett Hall 6.30pm
Lezant Bellringers	Practice Night Wednesdays Lezant Church	01579 370993	Saturday 7	Horticultural Show Plant Sale Entertainment with Sunrise	Lezant Church Room 10.30am Treburley Social Club 8pm
Lezant Church Cake Sale	2 nd Saturday Church Room 10.30-12 noon.	01579 370681	Manday		
Larant Hautier, ltr. val Casiatr.	land Wild (socratory)	01566 775676	Monday 9	Short Mat Bowls	Trebullett Hall 7.30 –9.30pm
Lezant Horticultural Society	Janet Wild (secretary) Phil Knight	01566 775676 01579 370993	Tuesday 10	Tuesday Takeaway Bible study Patchwork Group	Trebullett Hall 2pm Trebullett Hall 2pm
Lezant Parish Archive Group	Meetings as advertised in Parish Magazine.	01566 782286 Ruth Burden		Parish Council Meeting	Trebullett Hall 7 30pm
		01579 370370 Nigel Jonas	Wednesday 11	Lezant WI— Orangutan Rescue	Trebullett Hall 7 30pm
Lunch Club	Last Wednesday 12 noon Trebullett Hall	01566 782286	Friday 13	OOF	Trebullett Hall 6.30pm
Parish Council	2nd Tuesday. Trebullett Hall 7.30pm	Clerk: 01566 784050	Saturday 14	Lezant Church Coffee Morning	Lezant Church Room 10.30-12
Patchwork Group	Tuesdays October to March	01566 782556		Euchre Evening	Treburley Social Club 8pm
The Sew and Sews	Alternate Mondays 10.30am at Penmarech,	01566 782282	Monday 16	Short Mat Bowls	Trebullett Hall 7.30 –9.30pm
	Trebullett		Tuesday 17	Tuesday Takeaway Bible study Patchwork Group	Trebullett Hall 2pm Trebullett Hall 2pm
Short Mat Bowls	Every Monday 730pm-9pm Trebullett Hall	01566 782282		Parish Council AGM	Trebullett Hall 7pm
Tots and Tea	Alternate Mondays—Trebullett Hall	01566 782223	Wednesday 18	Parish Archive Group AGM	Trebullett Hall 7pm
Trebullett Coffee Morning	1 st Wednesday Trebullett Hall 10.30-12 noon. March, June, September & December there is no	01566 782286	Friday 20	OOF	Trebullett Hall 6.30pm
	Wed coffee morning as one for charity is being		Saturday 21	Quiz Night	Treburley Social Club 8pm
	held on the first Saturday.		Monday 22	Short Mat Bowls	Trebullett Hall 7.30 –9.30pm
Treburley Social Club	Daily 7.30pm-11.00 pm	01579 370889	Monday 23	SHOLL MAL BOWLS	11ebuliett Hall 7.50 –9.50pm
	Fridays only 6 30pm-11.30pm		Tuesday 24	Tuesday Takeaway Bible study	Trebullett Hall 2pm
Trekenner School FOTS	Chair: Kelly Menhenitt	07715 576535		Patchwork Group	Trebullett Hall 2pm
Women's Institute	2 nd Wednesday 7.30 pm (March-October and 2pm November, January and February.) Trebullett Hall	Cynthia 01579 370182	Wednesday 25	Lunch Club	Trebullett Hall 12.30pm
Youth Club	Fridays 6.30 -8pm	Louise 01566 782203	Thursday 26	Mobile Library, Monks Hill	Treburley 1 25-1 45pm
WORSHIP			Friday 27	Last day of term OOF	Trekenner/ Launceston College Trebullett Hall 6.30pm
Lezant Church—St Briochus Contact: Bridget Pentreath (07	802 177803) Church Warden- Diana Anderson (0157	9 370971)	Monday 30	Short Mat Bowls	Trebullett Hall 7.30 –9.30pm

Trebullett Methodist Chapel

Minister – Revd David Miller 01566 776603. david.miller@lamc.org.uk Secretary: Mrs T Stafford (01208 871366)